

Peace Retreats Presents:
"A Pilgrimage to the Heart"



A Pre-Lenten Retreat for Men and Women
Saturday, February 3, 2024
9:45 am – 3:30 pm
at St. Joseph Church, Grande Prairie
Presented by Sheila Shepherd

"We love because He first loved us."

1 John 4:19

We will be spending time drawing closer to the heart of God. Then with prayer, music, and sharing from Scripture, and the lives of the Saints, we will journey through 3 stages of life noticing how God has loved us and desires our love in return.

A journal will be provided for you as a gift.

*This Retreat is being offered at no cost to you!
All costs are being covered by donations given
by friends and family of Jennifer Wrzosek, in
her memory. She was a faithful member of
Peace Retreats until January 2022*

REGISTER NO LATER THAN JANUARY 30th!

Send an e-mail to: peaceretreatsgp@gmail.com

or: sheilamcshepherd@gmail.com

or: Phone: (780) 296-4493

Include your name, phone number and email address

Registrations are limited to the first 24 people

Bring your own bag lunch!

Coffee, tea, snacks, and a journal book will be provided.

If you wish you may bring something for our local Food Bank, and we will make sure they get it.